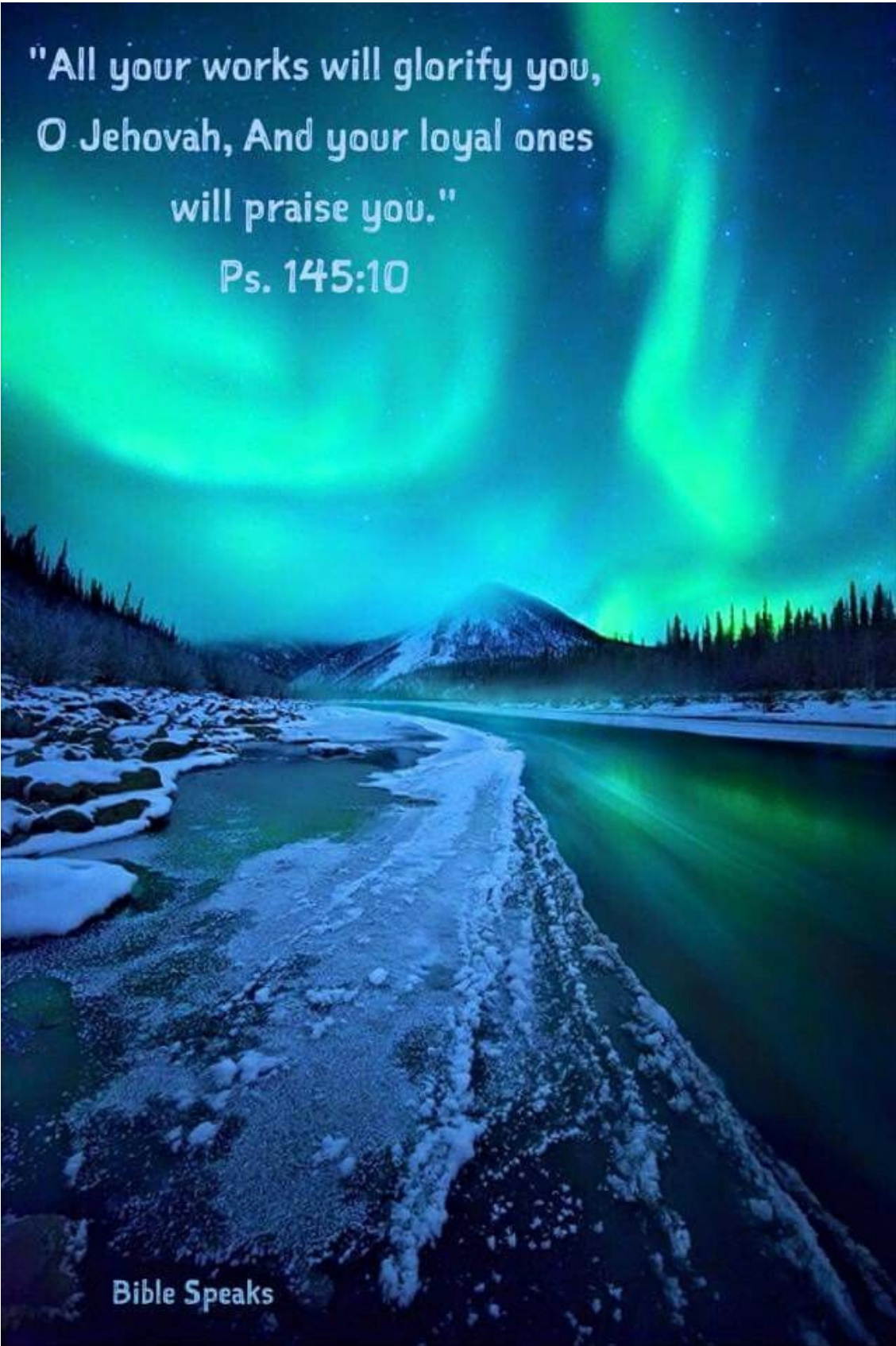




Psalm 145



"All your works will glorify you,
O Jehovah, And your loyal ones
will praise you."

Ps. 145:10

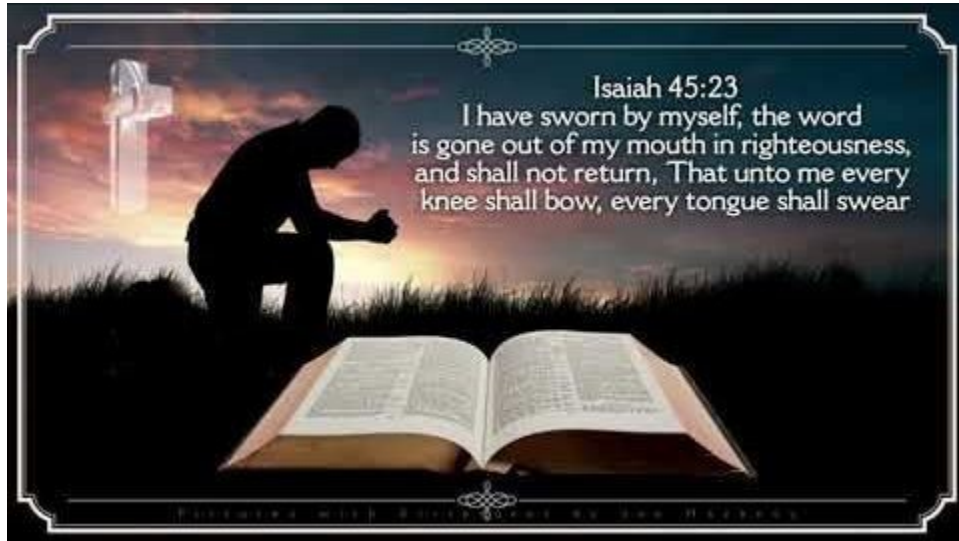
Bible Speaks

Dear Friends and Family,

Reflect this week on Psalm 145. Read it, pray through it, meditate on it. This is a Psalm of David, written specifically to Praise the Lord.

Who, does David write, should praise the Lord? Make a list.

Specifically, focus on verse 10.

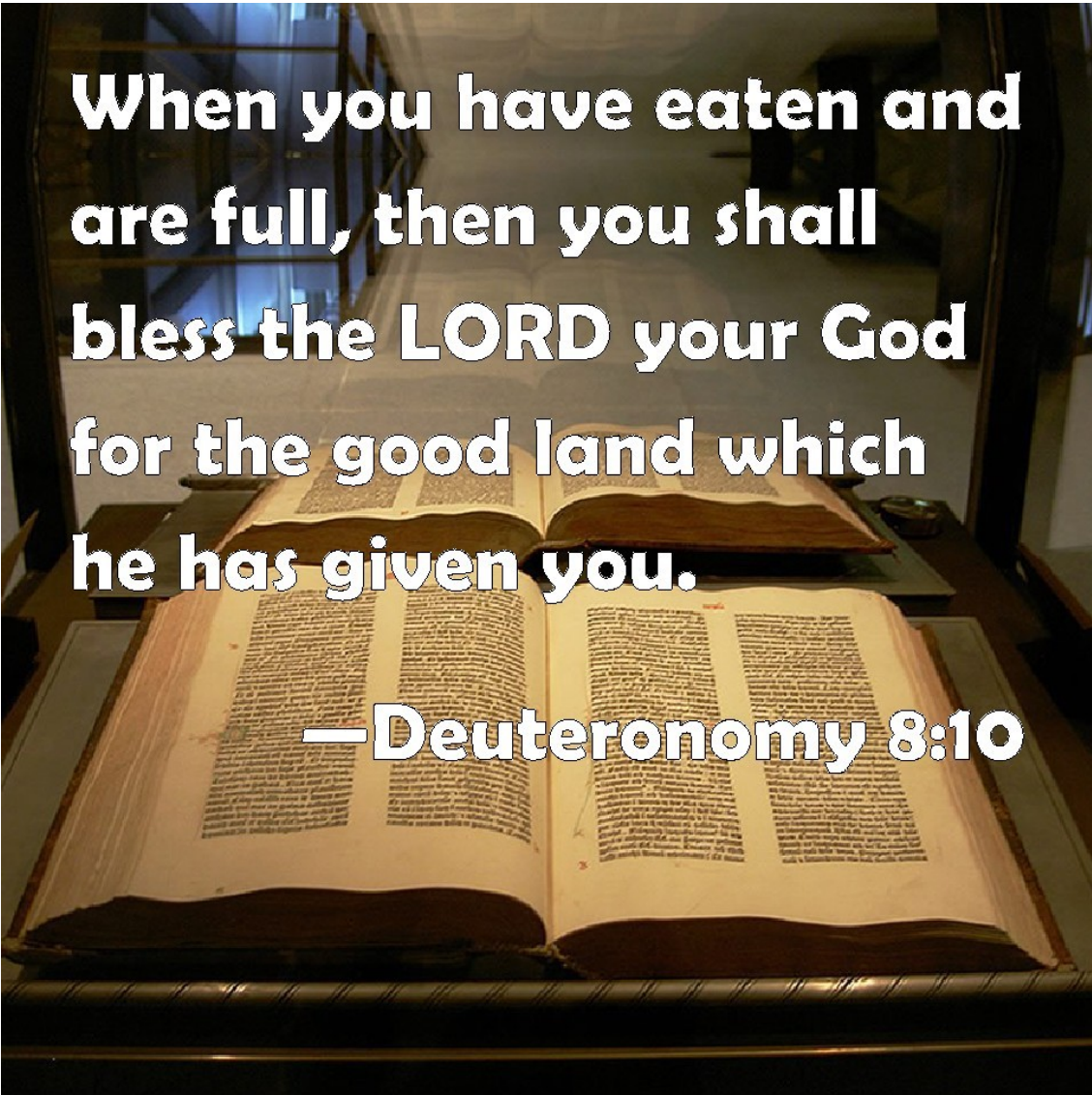


Consider the first half of vs. 10.

"All your works shall give thanks to you, O Lord,"

This is a definite article. All - shall.

1. What are all of God's works?
 2. Cross reference this passage with the following passages of Scripture: Romans 8:20-22; Romans 1:20-21; Philippians 2:9-11; Isaiah 45:23. What conclusions can you make? What specifics are given?
 3. Under what circumstances will all of God's work give Him thanks?
-

An open Bible is shown from a high angle, resting on a dark wooden surface. The pages are yellowed with age and contain dense, small text. The Bible is open to a page with two columns of text. The background is dark and slightly out of focus, showing what appears to be a window or a doorway with light coming through.

**When you have eaten and
are full, then you shall
bless the LORD your God
for the good land which
he has given you.**

—Deuteronomy 8:10

Consider the second half of verse 10.
"And your godly ones shall bless You."

David contrasts *All of God's works* offering obligatory praise and *His godly ones* who bless Him.

1. What is the difference?
2. Who are His godly ones?
3. How do we bless Him? What is one way in which you can bless God?

C. A. Keller wrote that when we bless God it is an "expression of praising thankfulness" not "a process that aims at the increase of God's strength" but an "exclamation of gratitude and admiration".

Consider the following scriptures. What can you apply to your own life about how to Bless God?

- Deuteronomy 8:10
 - Psalm 100:4
 - Psalm 103:2
 - 1 Chronicles 29:10
-



To dig even deeper, how do we bless the Lord?
Study these passages:

- Colossians 3:16-17
 - Ephesians 5:18-21
 - Revelation 7:9-12
-



In times of plenty, it seems easy to bless the Lord and offer thanks. However, it is in our darkest moments that we struggle to find just one thing for which to offer thanks. Many may be familiar with the testimony of Corrie Ten Boom, from her book The Hiding Place. Corrie, a Dutch Christian who harbored Jews during the Nazi regime, was captured and placed into a concentration camp. Her book details the horrific conditions in which she lived and her struggle to thank God in all her circumstances, as she remembered 1 Thessalonians 5:14-18. At a crucial point, she realizes her barracks are covered in fleas. Through honest debate and ultimate submission, she eventually thanks God for even the fleas. She continues to witness to the women in her barracks, reading the Bible she smuggled in, moving freely about the bunks, unbothered by the guards. This continues for some time. Finally, her sister brings to light a glorious realization. They lived unbothered and free to serve the Lord, solely due to the fleas. The very pest that she struggled to give thanks for was the same blessing that gave her freedom and the ability to minister to the women in her barracks. May we too thank God for the fleas.

1 Thessalonians 5:16-19 "Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God for you in Christ Jesus. Do not quench the Spirit"

Pastor Matt

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Dr. Matthew Long

Senior Pastor

[FBC of Havelock](#)

*Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us **RUN** with endurance the race that is set before us -- Hebrews 12:1*



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